Limping Christians

Many Christians who want to be running with endurance the race God has set before us find themselves limping along instead (Hebrews 12:2, 12-13).

**1. You may be a limping Christian if you are—**

A. *Hindered* by bulky burdens (v. 1)

B. *Entangled* in various sins (v. 1)

Romans 7:18-24

C. *Fainting* under lengthy trials (v. 5)

D. *Embittered* by deep hurts (v. 15)

**2. If you are limping take courage from—**

A. The example of your *Savior* (vv. 2-4)

B. The love of your *Father* (vv. 6-9)

Isaiah 49:14-15

C. The goal of your *discipline* (vv. 10-11)

**For Personal Reflection or Family Discussion**

1. What was the most important or helpful thing you heard in the sermon?

2. What questions did the sermon raise in your mind?

 What was the most convicting part of the message?

3. What sorts of things tend to cause you to limp along in your Christian walk? What help has God given you in the past—from His word, from other believers, and from medical doctors or counselors?

4. Do you know some limping Christians whom you might encourage and help?

Note: There is good medicine for limping Christians in *The Bruised Reed*, by Richard Sibbes. Sibbes was an English Puritan who ministered in the early 17th century. This book, which is based on Matthew 12:20, has been valued and read for 400 years. It is available from The Banner of Truth Trust in an abridged form for modern readers. I have a few copies available at a good discount--$6.00.